

# DIRECT SUPPORT PROFESSIONAL I MICROCREDENTIAL

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**Major Code:** MDS1

*The Direct Support Professional I microcredential was developed in partnership with the Office of People with Developmental Disabilities (OPWDD) and ACHIEVE and is only available to ACHIEVE direct support professional employees at this time.*

As part of the Human Services, A.A.S. degree program (#0604), the Direct Support Professional I (DSP I) microcredential includes two courses. This includes one 3-credit course (HUMS 200 Helping Process & Crisis Intervention) and one 1-credit course (HUMS 125 Mental Health & Wellness) for a total of 4 credits. HUMS 200 is a 3-credit course that will provide students with the skills and strategies necessary in effective helping from client-centered and strength-based perspectives. Students will be introduced to the role of helper as well as the process of helping, and gain knowledge and understanding of crisis intervention skills. Students will also gain knowledge and understanding of diversity and cultural competence. HUMS 125 is a 1-credit course that will address the intrapersonal, social and environmental risk factors influencing health, mental health and wellness. Students will engage in activities that promote human flourishing and will gain an understanding of protective factors that promote the growth and development of individuals, groups and families across a variety of settings. By completing each of these courses, students will be able to fulfill the educational requirements for completion of the National Alliance of Direct Support Professional DSP I accreditation.

## Curriculum Requirements

A total of 4 credits is required for completion of the microcredential. Students will receive a digital badge upon completion.

Code	Title	Credits
HUMS 200	Helping Proc./Crisis Inter.	3
or M-HU 200	Helping Proc./Crisis Inter.	
HUMS 125	Mental Health & Wellness	1
or M-HU 125	Mental Health & Wellness	
<b>Total Credits</b>		<b>4</b>